



## SOUTHERN RAILWAY

No.P(S)608/II/FAI/Vol.I

Headquarters Office  
Personnel Branch  
Chennai-600 003  
Dated:09/08/2024

PCE, PCME, PCOM, PCCM, PCSTE, PCEE, PCSO  
PCMM, PCMD, PCSC, PCPO/ICF, CAO/CN/MS  
CWM/CW, LW, GOC, S&T/PTJ  
DRM/P/MAS, TPJ, MDU, SA, PGT, TVC  
Dy.CE/EWS/AJJ, Dy.CPO/C&LW/PER  
Sr.DEE/RS/AVD, AJJ, TBM, RPM, MD/RH/PER  
SPO/CN/MS, WPO/GOC, APO/C&LW/PER  
APO/EWS/AJJ&TBM, AP/Stores/PER  
Addl. Registrar/RCT/MAS, ERS, MPS/RPM

### NOTIFICATION

Sub: Notification for filling up of vacancies of Instructor/First Aid [Ex-Cadre] in Level-4 on tenure basis - reg.

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It is proposed to conduct a selection for filling up of ONE vacancy of Instructor/First Aid in PML-4 [Ex-Cadre] at MDZTI/TPJ by calling volunteers from all departments in PML-4.

#### 1.0 Eligibility Criteria:

Employees/Volunteers called from	Staffs from all departments in PML 4 with a degree or diploma in Para-medical courses like Nursing, Pharmacy, Physiotherapy possessing Lay Lecturer's Certificate approved by St. John Ambulance (India), New Delhi with experience of at least 5 training sessions conducted.
Age Limit	In terms of RBE No. 104/2023, Upper Age limit as on date of notification is 58 years.
Conditions applications for	In terms of PBC No. 116/2023, Employees already working in another Ex-Cadre post can also apply subject to the condition that their tenure period in both the Ex-Cadre posts taken together does not exceed a maximum of five years in total. In terms of RBE No. 104/2023, Cooling off period between two tenures should be at-least one year.
Tenure	In terms of RBE No. 104/2023, maximum tenure of Instructors in one consecutive spell should be 5 years. They will be repatriated to parent cadre on completion of their tenure period or 3 months prior to the date of their retirement or when their performance is found to be not satisfactory at any time without assigning any reasons whatsoever, whichever is earlier.

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09/08

## **2.0 Selection Procedure:**

- 2.1 The Selection will consists of both written examination and Class Room Trial as laid down in RBE No. 79/2019. Maximum marks will be 100 and Qualifying marks will be 60. Only those candidates who secure 60% and above in the written examination will be eligible for Class Room Trial.
- 2.2 In terms of PBC No. 263/2018 and 46/2019 the written examination shall Comprises of 100% objective type multiple choice questions.
- 2.3 In terms of PBC No. 46/2019, the question paper will be 100% objective type multiple choice questions for the written examination and 10% of the total marks will be from official language Policy and Rules, which shall be optional.
- 2.4 In terms of PBC No.264/2019, there shall be negative marking 1/3<sup>rd</sup> mark reduced for every wrong answer.
- 2.5 Selection will be based on merit as per the instructions contained in RBE No.4/2020 and 39/2020.

## **3.0 GENERAL INSTRUCTIONS:**

- i) Applications should be submitted through online mode only from **14/08/2024** to **04/09/2024** at <https://notifications.srhqpb.in> duly adhering to the procedures and instructions envisage in PBC No. 150/2022 dated: 30/08/2022 and PBC No.232/2022 dated: 07/11/2022.
- ii) The link for the notification will be made available from **14/08/2024** in the Personnel Department internet website <https://notifications.srhqpb.in> and also in the Rail net website of Southern Railway.
- iii) The employees willing to apply for the above selection have to submit their applications through the above mentioned website in online mode only. Applications received from any other mode will be summarily rejected.
- iv) The instructions to applicants briefing the procedures/registration of applications through online mode will be included in the website notifications for information and guidance.
- v) After the closing date of the applicants, the cadre dealer/Personnel officer should login and download the applicant details in Excel Format.
- vi) The respective Cadre Dealer/Controlling Personnel Officer should verify the correctness of the particulars of each applicant in the downloaded excel file with Service Register and other available relevant records. After due, verification, each application had to be certified in the excel file in remarks column as to eligible or otherwise without fail. The same had to be uploaded in the Website along with the covering letter, and a copy should also be forwarded in e-office to the undersigned as e-receipt on or before 17.00 hrs. 11/09/2024. The personnel officer of the cadre is responsible for forwarding any eligible applications.

vii) The list of supporting documents as detailed below should be kept in PDF format (to be attached along with the application) as applicable

- a) Community Certificate in the case of reserved community employees.
- b) Certificate in support of Educational Qualification other than Qualification mentioned in Service Register.
- c) Other relevant documents sought in the notification.

viii) If there are no volunteers for the proposed selection of Instructor/First Aid then the Cadre controlling officer/Personnel Officer concerned shall send a NIL report on or before 11/09/2024 through e-office certainly to avoid delay in processing of the selections.

ix) The syllabus for the above selection is enclosed.

x) For any inquires, the applicants may contact the Railway Phone number for support Ch.SWI/T, M&E/HQ-9003160626 and NGS/Optg/HQ- 23676.

xi) If any of the details furnished by the applicant is found to be false at a later date, he/she will be liable for action under R.S (D&A) Rules, 1968.

  
(R. Rajesh Kumar)

Assistant Personnel Officer/T, M&E  
For Principal Chief Personnel Officer

Encl: As above

Copy to: CTPM – For kind information please.

Principal/MDZTI/TPJ

General Secretary SRMU

S&WI /Computer Section for uploading the notification



SYLLABUS FOR THE SELECTION FOR THE POST OF FIRST AID INSTRUCTOR (EX-CADRE ) AT MDZTI/TPJ

<u>SI No</u>	<u>DESCRIPTION</u>
1	a) Principles of First Aid. b) Brief description of the structure and functions of the body. Practical : Triangular bandage and its applications to head, chest, back , shoulder elbow , hand, hip knee and foot , arm slings.
2	a) Fracture , Causes , Types , Signs and symptoms. b) Treatment of fractures of – General Rules. c) Special Fractures of – Skull, Lower jaw, spine, ribs, breast bone, collar bone, shoulder blade , arm, forearm and hand. Practical : Treatment of fractures- Application of splints
3	a) Special fracture of pelvis, thigh, knee, cap, leg and foot. b) Dislocations, sprains, strains, signs, symptoms and treatment. Practical : Treatment of fracture/sprains.
4	a) General description of heart and blood vessels. b) Circulation of blood. c) Wound and hemorrhage. d) Wounds accompanied by Arteries Hemorrhage. e) Situation of the main Arteries-Pressure points. f) Wounds accompanied by capillary or venous hemorrhage- Varicose Veins. g) Hemorrhage from special regions-bruises. Practical : Compression of arteries.
5	a) Injuries to internal organs- Hemorrhage. b) Burns, scalds, stings, bites of snakes and rabid animals, frost bite. Practical: Treatment of Fracture and Hemorrhage.
6	a) Respiration-natural and artificial. b) Asphyxia. c) The nervous system. d) Insensibility. Practical : Artificial respiration, Cardio Pulmonary Resuscitation (CPR)
7	a) Poisons. b) Transport of the injured. (i) For males, hand seats and stretcher exercises. (ii) For females, Hand seats.
8	a) Preparation for the reception of accident cases. b) Recapitulation. Practical : Preparation of the bed, removing clothes etc.
9.	Official Language Act and Rules (Rajbhasha)

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